

OUR MISSION

The purpose of our camp is to develop local goal keepers who have the desire to advance their skills and knowledge of the position.

Whether you are new to the sport and would like to experience the thrill of making that first saves, or a current keeper who wants to play at the next level, this camp is for you!

The camp is designed to provide:

- ✓ *Overall understanding of the position.*
- ✓ *Drills to support continuous improvement after the camp or clinic.*
- ✓ *Improved communication skills to effectively quarterback the defense.*
- ✓ *Fun and safe environment.*

Our program has included over 30 goalies varying in age and gender from all WPA school districts. Many attendees are starting varsity keepers, and some who have been awarded All WPIAL!

Learn the necessary skills set to become a Rising Star Goalie!

Directions

GPS Address

Lakevue Athletic Club
124 Sylvan Spring LN, Valencia PA
(724) 898-2893

From Pittsburgh:

Take 279 North to McKnight Rd to Peebles Rd in Ross TWP (~8 mi). Continue on Peebles Rd to Sample Rd to PA-8 North in Hampton TWP (~5 mi). Turn left onto PA-8 North. Turn left onto Sylvan Spring Lane to destination on left.

Or

Take PA-28 N to exit #5B/PA-8 N/Butler to the left onto PA-8 N (~14 mi). Turn left on Sylvan Spring Lane to destination on left.

From Erie I-79 South bound:

Take I79 S to exit 78-77/US-19 PA Turnpike/I-76/PA 228/Cranberry toward PA-228 E/Mars/Seven Fields. Turn left onto PA-228 E. Turn right onto PA-8. Turn right onto Sylvan Spring Lane to destination on left.

For further information please check out our Rising Stars Website at:
www.risingstarsgoaliecamp.com

Facebook page at: Rising Stars Goalie Camp



RISING STARS 2016 GOALIE

UPDATED

6th Annual Coed

Pre-Season Tune-up

**Clinic for local
Keepers!**

Grades 1-12th

DATE: February 26

2016

Goalie Instructors

Ryan Mayeda

Goalie and captain for Dowling College, Long Island NY, from 2009-2012. DII NCAA National Champions in 2012, #4 ranked in 2011, and #2 ranked in 2010. Career 61% save percentage in 4 years. Graduated Dowling College in 2012 with a Bachelors Degree in Business Management and Minor in Marketing. Currently goalie for the Lacrosse Unlimited Club team in Long Island NY, prior Camberwell Lacrosse Club in Melbourne, Australia. Graduated from Seneca Valley in 2008 and was a three year starter, led Seneca to WPIAL DI North Section title and WPIAL Championship game. An eight time Bill Pilat Goalie School instructor!

Duane Mayeda

Pine Richland High School Boys lacrosse Varsity defense coordinator and goalie coach, Low and Away Youth Director and 2020 Coach. Prior to Pine, was the Seneca Valley Girls Varsity and goalie lacrosse coach. Has over 10 years of coaching WPIAL lacrosse resulting in a WPIAL Championship, multiple Section championships, and 2 PIAA State appearances. He has instructed many of the areas best goalies: NCAA National Championship goalie, US Lacrosse All American, seven All-WPIAL goalies, and twelve goalies who have committed to play at the college level.

Additional coaches TBD

Details

Camp Cost: \$75 per person

Application/Payment Deadline: Feb 25 2016

Camp Date: February 26, 2016

Time: **FRIDAY 4:00 PM - 7:00 pm ONLY!**

Location: Lakevue Athletic Club
124 Sylvan Spring LN, Valencia PA
(724) 898-2893

What to bring:

- ✓ Goalie stick
- ✓ Hemet with throat protector (required)
- ✓ Chest protector
- ✓ Lacrosse gloves
- ✓ Water bottle
- ✓ Drinks and Snacks
- ✓ Good attitude!

Clinic Details:

- ✓ Learn all aspect for the goalie position; stance, stepping, positioning, tracking the ball, proper footwork, communication, outlet passing
- ✓ Eye hand coordination drills
- ✓ Goalie games - this year we will split up into age groups, and SPIKEBALL!
- ✓ Awards

Mail Application and Payment to:

Rising Star Goalie Camp

c/o D. Mayeda

119 Glenbrook Dr

Cranberry TWP, PA 16066

Make check payable to Duane Mayeda

For Information and Questions:

Email: risingstarsgoaliecamp@gmail.com

Phone (724) 453-1104

Application and Waiver

Name: _____

Address: _____

City: _____

State: _____

USLacrosse No. _____

Email: _____

Emergency Contact: _____

Relationship _____

Home: _____

Cell: _____

Insurance Carrier and Policy No: _____

WAIVER: I agree to allow my child/ward to participate in the Rising Star Goalie Camp/Clinic and affirm that my child's/ward's participation is completely voluntary. I understand that there are risks inherent in the activities my child/ward will engage in at the Rising Star Goalie Camp, which may cause serious injury and even death. I also understand that, despite safety cautions, Rising Star Goalie Camp/Clinic cannot guarantee that my child/ward will not be injured. My child/ward and I are willing to assume this risk. To minimize the risk, I have instructed my child/ward to obey all rules, regulations and instructions of the staff of the Rising Star Goalie Camp/Clinic. I acknowledge that Rising Star Goalie Camp/Clinic can only accept responsibility for its own negligence or intentionally wrongful acts in connection with my child's/ward's participation in the Rising Star Goalie Camp/Clinic, and hereby release and hold harmless Rising Star Goalie Camp/Clinic. I acknowledge and I have read and understood this form and that the terms herein are contractual and not a mere recital.

Parent/Guardian signature and date